



**Yi Gong, Ph.D,  
Tate & Lyle**



The logo for Tate & Lyle, featuring the company name in a serif font with a stylized ampersand between the words. The background of the slide is a high-speed photograph of water splashing, with numerous droplets and bubbles in various sizes, creating a dynamic and textured appearance. The color palette is dominated by deep reds and purples, with highlights from the water's surface.

TATE & LYLE

# Trends and Innovative Methods for Sugar Reduction

Yi Gong, Ph.D.

*Chicago Section IFT Supplier Symposium 2023 November 2, 2023*

# 01

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Who We Are

# 02

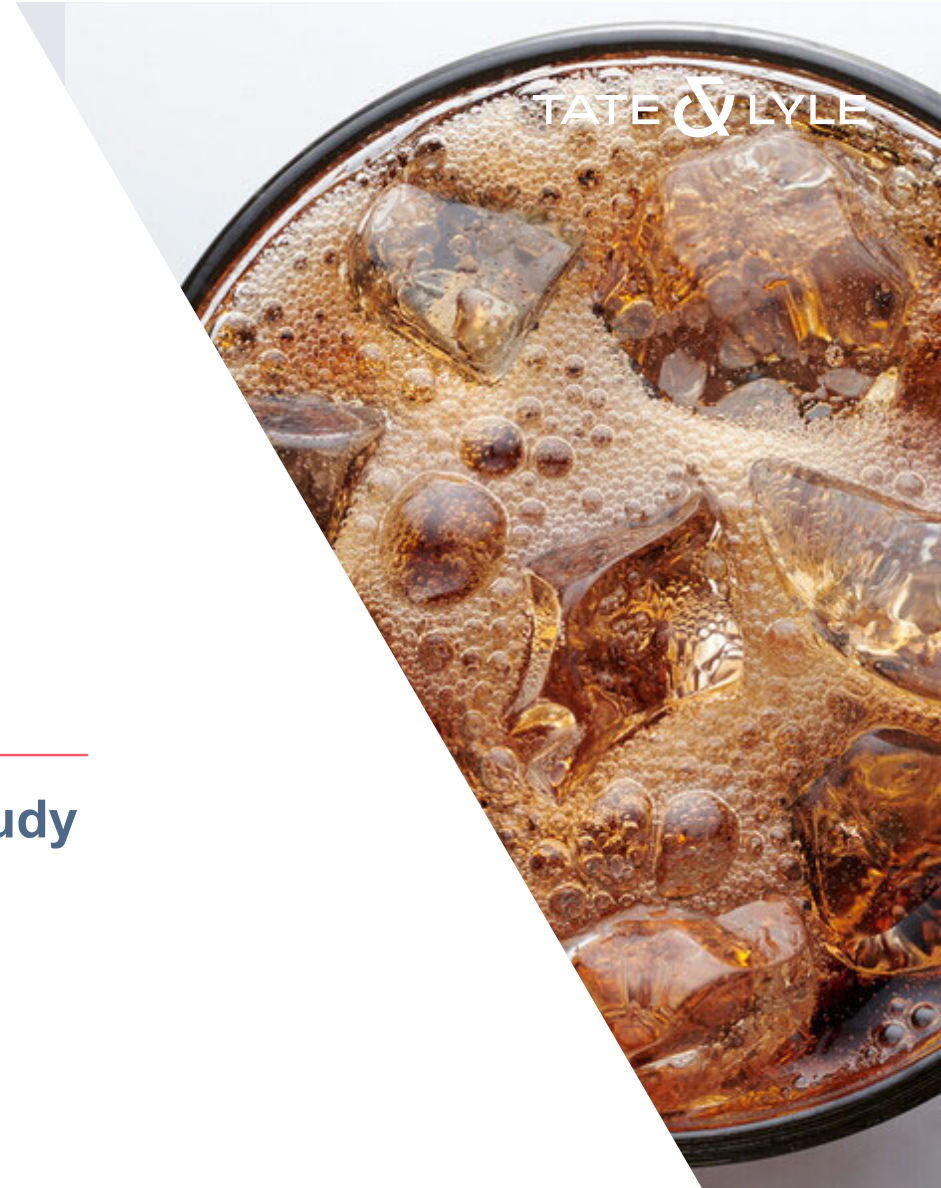
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Sugar  
Reduction  
Insights

# 03

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Case Study





# Who We Are









# This is Tate & Lyle

## ORIGINS

Founded in the UK by Henry Tate in **1859** Henry Tate & Sons And Abraham Lyle & Sons merged their businesses to form Tate & Lyle in **1921**



## PURPOSE

Transforming Lives through the Science of Food



## CATEGORIES

Leading positions in **beverages, bakery and snacks, soups, sauces and dressings**



## PEOPLE

Around **3,500** employees worldwide



## OUR VALUES

Safety  
Integrity  
Respect



## GLOBAL AND LOCAL

We have customer innovation and collaboration centres, labs, plants, offices and sales teams supporting customers in their local markets across **57** sites, in **39** countries



## CUSTOMERS

Served in more than **120** countries



## FINANCIALS

Listed as TATE.L on the London Stock Exchange within the FTSE 250

Revenue\* **£1,375m**  
\* Adjusted profit before tax  
**£145m**  
\*from Continuing Operations



## CARING FOR OUR PLANET

Target to deliver a **30%** absolute reduction in our Scope 1 and 2 greenhouse gas emissions by 2030



## EXPERTISE

We are leaders in **sweetening, mouthfeel and fortification**, experts in reducing sugar, calories and fat, and adding fibre, to food and drink



# This is Our Global Footprint



- OFFICE/SALES
- CUSTOMER INNOVATION AND COLLABORATION CENTRE
- MANUFACTURING/BLENDS PRODUCTION



# We Provide Ingredients and Solutions to the Global Food and Beverage Industries

## TECHNICAL EXPERTISE IN KEY CATEGORIES



### BEVERAGES

- ▶ Carbonated soft drinks
- ▶ Cocoa drinks and shakes
- ▶ Flavoured water
- ▶ Juices and juice drinks
- ▶ Powdered soft drinks and dilutables
- ▶ Functional drinks
- ▶ Ready-to-drink tea and coffee
- ▶ Energy and sports drinks
- ▶ Alcoholic drinks



### SOUPS, SAUCES AND DRESSINGS

- ▶ Low fat sauces
- ▶ Mayonnaise and dressings
- ▶ Ketchup and red condiment sauces
- ▶ Dips and spreads
- ▶ Ready meals
- ▶ Creamy soups, broths and stews
- ▶ Filling and processing aids
- ▶ Dry mix blends
- ▶ Plant-based alternatives



### DAIRY

- ▶ Yoghurt and yoghurt drinks
- ▶ Flavoured milk and other dairy beverages
- ▶ Ice cream and frozen desserts
- ▶ Dairy desserts
- ▶ Creams and creamers
- ▶ Cheese
- ▶ Dips and spreads
- ▶ Dairy alternatives



### BAKERY AND SNACKS

- ▶ Breakfast cereals
- ▶ Breakfast and snack bars
- ▶ Packaged cakes and pastries
- ▶ Cookies and biscuits
- ▶ Savoury snacks
- ▶ Baking mixes
- ▶ Toppings and inclusions
- ▶ Bread and doughs



## OUR COMMITMENTS AND TARGETS

# This is how we are caring for the planet

**SIGNIFICANTLY REDUCING GREENHOUSE GAS EMISSIONS** across our value chain **by 2030** and meeting our commitment to be **carbon net zero by 2050**

### SCIENCE-BASED TARGETS

for Scope 1, 2 and 3 CO<sub>2</sub>e emissions reductions

### PURCHASING 100% RENEWABLE ELECTRICITY

in our operations **by 2030**.

### BENEFICIALLY USING 100% OF WASTE

**by 2030**, with an ambition to reach **75% by 2025**

### 15% REDUCTION IN WATER USE

**by 2030**

### SUPPORTING SUSTAINABLE AGRICULTURE

for key raw materials

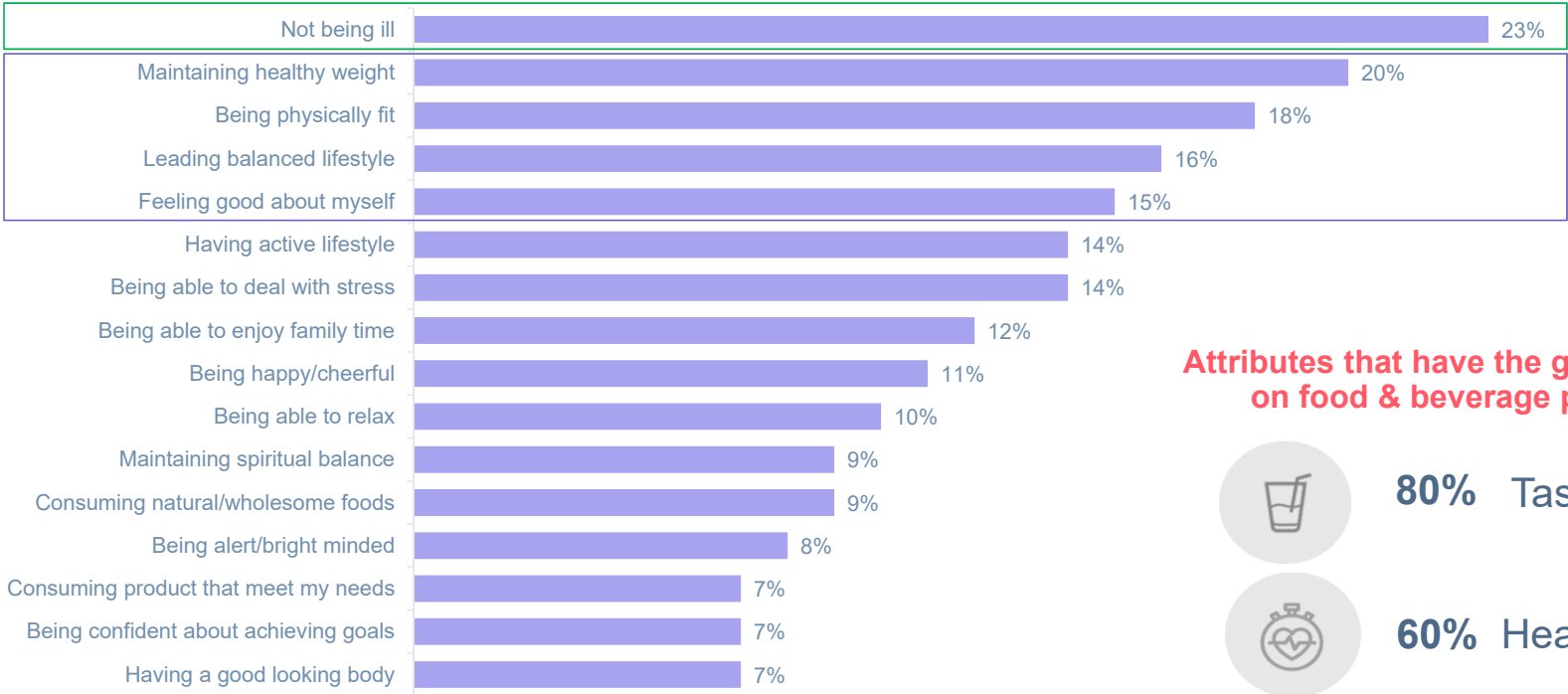
# Sugar Reduction Insights





# Consumer research confirms that healthfulness is playing an increasing role in purchase decisions, and the consumer definition encompasses many factors

**What Health and Wellness Means to US consumers**  
(Ranked #1 or #2 by importance)



## Attributes that have the greatest impact on food & beverage purchases



**80%** Taste



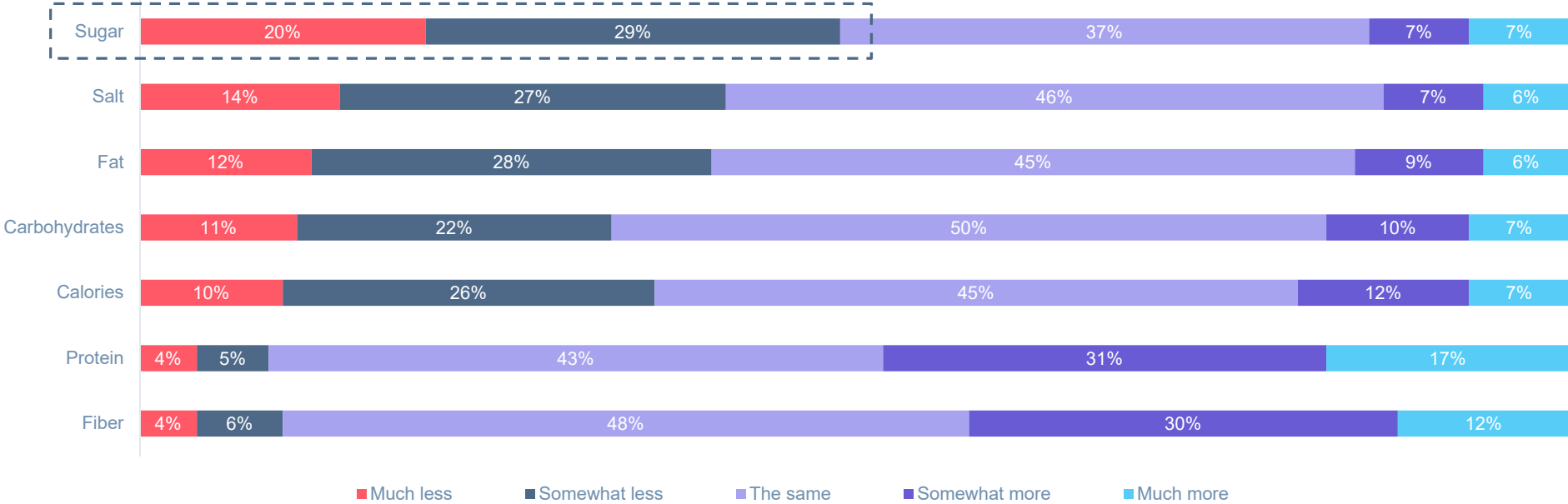
**60%** Healthfulness

Source: International Food Information Council Foundation, Food & Health Survey, 2022

Source: Tate & Lyle Primary Research, 2022  
QB3 Thinking about health and wellness in general, which of the following best describes what health and wellness means to you? "1" is the statement that is most important, "2" second most and "3" third most important.

# The dynamic is likely to intensify going forward as consumers plan to adjust their consumption habits based primarily on sugar reduction

Planned Change in Behavior - US Consumption

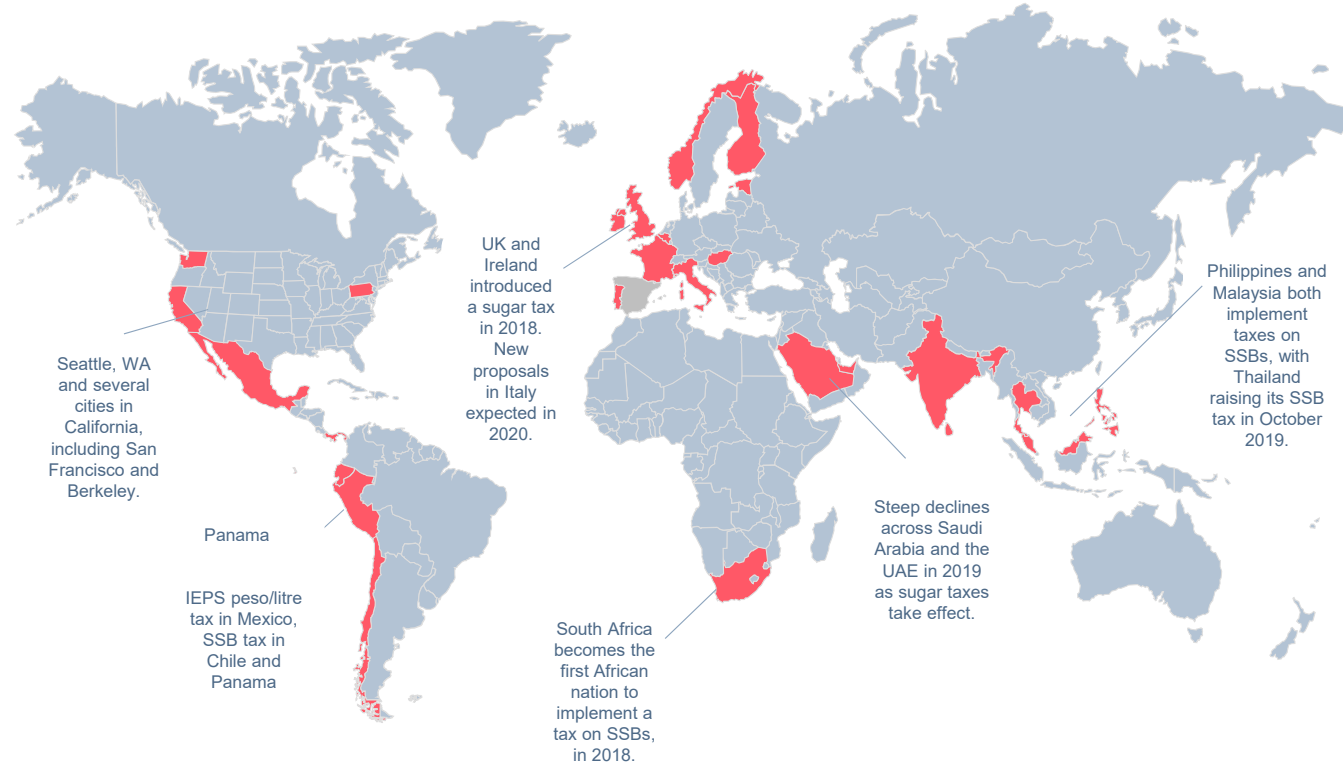
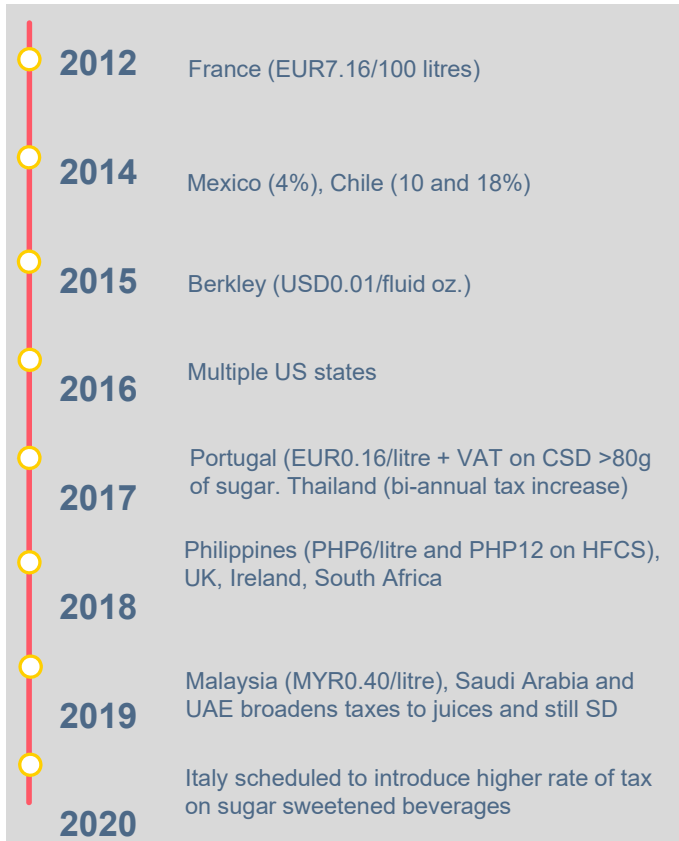


Source: Tate & Lyle Primary Research, 2022  
 QB1b How much, if any, do you plan to change your consumption of the following items over the next 12 months?  
 Would you say you plan to consume each item...



# Sugar Tax Summary

## Taxes on sweetened beverages began in 2012 and likely to continue



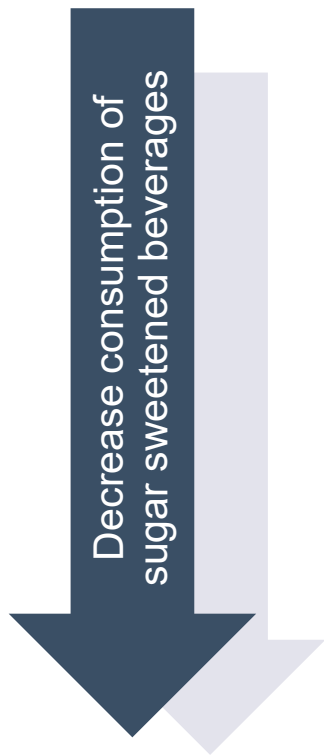
Source: WHO Taxes on sugary drinks: Why do it?  
<https://iris.who.int/bitstream/handle/10665/260253/WHO-NMH-PND-16.5Rev.1-eng.pdf>



## Sugar Reduction Trends

### Multiple factors impact the consumption of sugar in food and beverages

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### Price (Taxes) & Labelling Implications

- Taxes on sugar sweetened beverages passed on to the consumer in the form of higher prices per serving.
- Some countries implemented FOP warning labels
- FDA's 2022 proposal to include a limit on the amount of added sugars in foods bearing the nutrient content claim "healthy"

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### Reformulate Products

Beverage manufacturers launching new products to provide consumers low/no sugar options

- Smaller package sizes
- Non-caloric sweeteners
- Un-sweetened alternatives

14 [Federal Register :: Food Labeling: Nutrient Content Claims: Definition of Term "Healthy"](https://www.federalregister.gov/documents/2022/09/29/2022-20975/food-labeling-nutrient-content-claims-definition-of-term-healthy)  
<https://www.federalregister.gov/documents/2022/09/29/2022-20975/food-labeling-nutrient-content-claims-definition-of-term-healthy>

# Sugar Reduction strategies

## Sugar Reduction is a Balancing Act

### Taste & Healthfulness



Sources: 1) The Food Institute: Consumers are Eating More Often, Prefer Sweet Snacks; 2) International Food Information Council Foundation, 2022 Food & Health Survey, 2022; 3) US Center For Disease Control; 4) World Health Organization Projections Of Global Mortality And Burden Of Disease From 2002 to 2030; 5) multiple sources

# Case Study 1

## Beverage



# Four Step Process to Replacing Sugar in Beverages

1

**Current Sugar Content**

2

**Reduction Target**

3

**Maintain Sweetness**

4

**Build Back Function**

Challenge	Understand the source of sugar and total sweetness	Set sugar reduction target and understand sugar functionality in the beverage matrix	Use sweetness toolbox to select sweetness alternative and achieve sweet equivalency	Optimize formula to maintain mouthfeel or add functional benefits
Approach & Solution	<p>Dependent on:</p> <ul style="list-style-type: none"> <li>- Level of sugar reduction</li> <li>- Required sweetness impact and temporal profile</li> <li>- Initial source to be replaced: sucrose, HFCS, fructose</li> <li>- Functionality of sweetener</li> <li>- Type of matrix : liquid /solid</li> <li>- Regulatory/ labeling concerns</li> </ul>	<p>Review:</p> <ul style="list-style-type: none"> <li>- Customer consultation on desired goals/targets concerning cost and nutritional requirements</li> <li>- Understand technical functionality of the ingredient being replaced in the beverage</li> <li>- Consider scale-up requirements</li> <li>- Understand regulatory requirements</li> </ul>	<p>Sweeteners:</p> <ul style="list-style-type: none"> <li>-Sucralose</li> <li>-Stevia Leaf Extract</li> <li>-Monk Fruit Extract</li> <li>-Monk Fruit Juice Concentrate</li> <li>-Allulose</li> </ul>	<p>Fibers:</p> <ul style="list-style-type: none"> <li>-Soluble Corn Fiber</li> <li>-Polydextrose</li> </ul> <p>Sweeteners:</p> <ul style="list-style-type: none"> <li>-Allulose</li> <li>-Monk Fruit</li> <li>-Stevia FMP</li> </ul>



# Replacing Sugar in Beverage

## Current Sugar Content

### Orange Blossom Citrus Punch - Control

# Step 1

Understand the source of sugar and total sweetness

Nutritional (8 oz)	Control
Calories	90 kcal
Total Carbohydrates	24 g
Total Sugar	24 g

Mixture of natural sugar from juice concentrate, and added sugar

Equivalent to 10 SEV sweetness

#### Approach & Solution

*Dependent on*

- Level of sugar reduction
- Required sweetness impact and temporal profile
- Initial source to be replaced:
  - sucrose, HFCS, fructose
- Functionality of sweetener
- Type of matrix : liquid /solid
- Regulatory/ labeling concerns

INGREDIENT STATEMENT: WATER, **SUGAR**, ORANGE JUICE CONCENTRATE, CARROT JUICE CONCENTRATE (COLOR), GRAPEFRUIT JUICE CONCENTRATE, LIME JUICE CONCENTRATE, CITRIC ACID, NATURAL FLAVORS, ASCORBIC ACID.

# Replacing Sugar in Beverage

## Reducing Sugar

### Orange Blossom Citrus Punch

## Step 2

Set sugar reduction target and understand sugar functionality in the beverage matrix

Nutritional (8 oz)	Control	0% Added Sugar
Calories	90 kcal	35 kcal
Total Carbohydrates	24 g	7 g
Total Sugar	24 g	7 g

Solutions needs to bridge a 7 SEV (Sucrose Equivalence) sweetness and mouthfeel

### Approach & Solution

#### Review

- Customer consultation on desired goals/targets concerning cost and nutritional requirements
- Understand technical functionality of the ingredient being replaced in the beverage
- Consider scale-up requirements
- Understand regulatory requirements

INGREDIENT STATEMENT: WATER, **SUGAR**, ORANGE JUICE CONCENTRATE, CARROT JUICE CONCENTRATE (COLOR), GRAPEFRUIT JUICE CONCENTRATE, LIME JUICE CONCENTRATE, CITRIC ACID, NATURAL FLAVORS, ASCORBIC ACID.

## Replacing Sugar in Beverage Maintaining Sweetness

### Orange Blossom Citrus Punch - Prototype 1

**Step 3** Use sweetness toolbox to select sweetness alternative and achieve sweet equivalency

Nutritional (8 oz)	Control	0% Added Sugar
Calories	90 kcal	25 kcal
Total Carbohydrates	24 g	7 g
Total Sugar	24 g	7 g

#### Approach & Solution

##### Sweeteners

Sucralose

**Stevia Leaf Extract**

Monk Fruit Extract

Monk Fruit Juice Concentrate

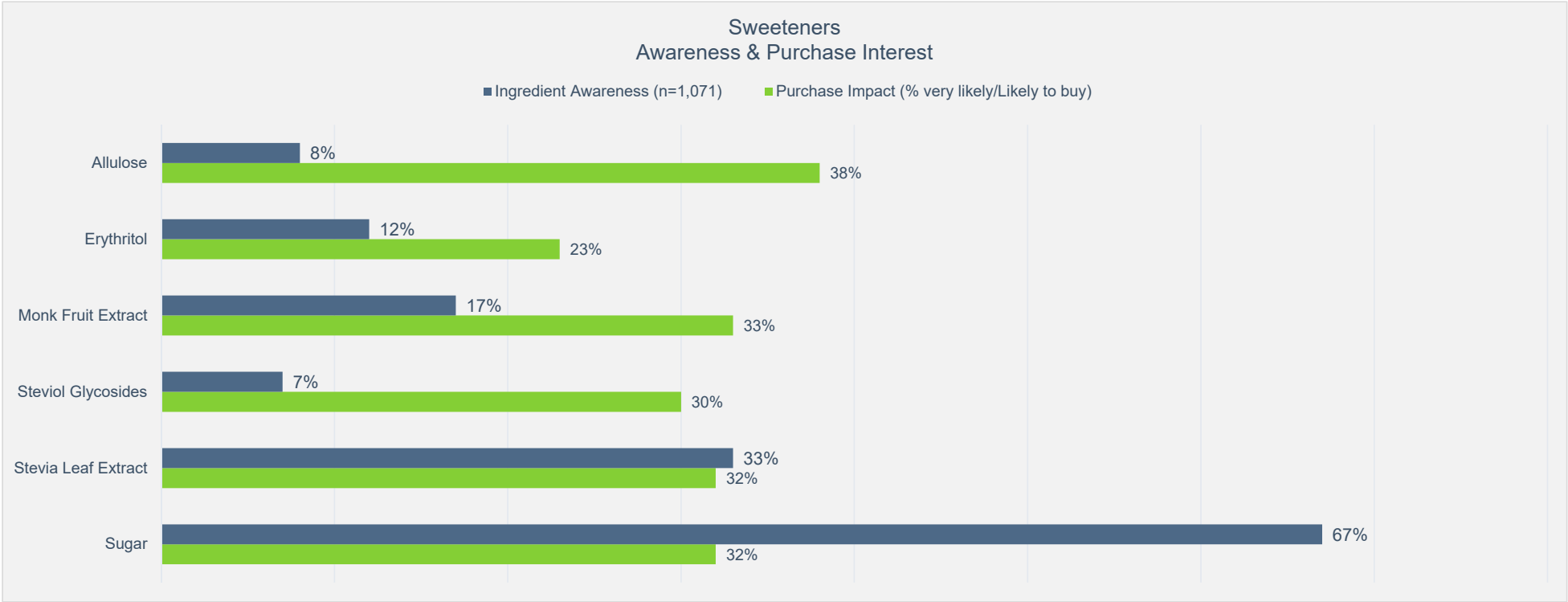
Allulose

INGREDIENT STATEMENT: WATER, ORANGE JUICE CONCENTRATE, ALLULOSE, CARROT JUICE CONCENTRATE (COLOR), GRAPEFRUIT JUICE CONCENTRATE, LIME JUICE CONCENTRATE, CITRIC ACID, NATURAL FLAVORS, ASCORBIC ACID, **STEVIA LEAF EXTRACT**.

# Market & Consumer Landscape

## US Awareness & Purchase Intent

Consumer awareness is similar for Steviol glycosides and stevia leaf extract, but consumers are more likely to purchase products labeled with 'Stevia Leaf Extract.'



21 \ Source: Internal – Ingredient Tracker 2022



# Stevia Solubility

## Technical Attributes

### Solubility and Handling

Stevia sweetener solubility differs based on several factors

Product conditions (e.g. pH, temperature) affect solubility

Mixed glycoside compositions can demonstrate very high solubility due to co-solubility of different glycoside combinations

Many commercial products can be used above expected solubility levels depending on conditions

Foaming properties can be changed when stevia is incorporated into formulations

Steviol Glycoside	Approximate Solubility (%)	Approximate Solubility (ppm)
Reb A	0.80	8,000
Reb M*	0.14*	1,400*
Reb D	0.04–0.05*	400–500*

Source: Crammer, B., & Ikan, R. (1987). *Developments in Sweeteners*, 3, 45-64.

\*From estimation in T&L (in water at room temperature)

## Replacing Sugar in Beverage Build Back Function

### Orange Blossom Citrus Punch – Prototype 2

# Step 4

Optimize formula to maintain mouthfeel or add functional benefits

Nutritional (12 oz)	Control	0% Added Sugar
Calories	90 kcal	35 kcal
Total Carbohydrates	24 g	11 g
Total Sugar	24 g	7 g

#### Approach & Solution

##### Fibers:

- Soluble Corn Fiber
- Polydextrose

##### Sweeteners:

- Allulose
- Monk Fruit
- Stevia FMP

INGREDIENT STATEMENT: WATER, ORANGE JUICE CONCENTRATE, **SOLUBLE CORN FIBER**, CARROT JUICE CONCENTRATE (COLOR), GRAPEFRUIT JUICE CONCENTRATE, LIME JUICE CONCENTRATE, CITRIC ACID, NATURAL FLAVORS, ASCORBIC ACID, **STEVIA LEAF EXTRACT**.



# Promitor<sup>®</sup> Soluble Fiber

## 1 Ease of Use: Excellent stability and solubility

Does not breakdown in high heat/ shear/ low-pH system – no need to “overdose”

## 2 Superior digestive tolerance

Fermentation process throughout large intestine increases tolerance  
~ 65g/ day

## 3 Supports friendly label formulations

Can be labelled as ‘Soluble Corn Fibre,’ ‘Resistant Maltodextrin,’ ‘Maltodextrin (fibre)’ (country-dependent)

## 4 Health benefits and clinical studies

For calorie and sugar reduction, enhanced calcium absorption, favorable postprandial blood glucose response (country-dependent)

## 5 Global supply network

Produced in 3 major regions in different formats, and thereby improves supply security (applicable to PROMITOR<sup>®</sup> 70)

## 6 Cost Efficient Alternative

Different varieties, including liquid are suitable for various operation formats can result in lower cost in use

As with all decisions concerning food labeling, manufacturers should consult with their own regulatory and legal advisors prior to making labeling decisions. Users should also check applicable foreign regulations in the case of food products that may be exported.



## Replacing Sugar in Beverage Build Back Function

### Orange Blossom Citrus Punch – Prototype 3

#### Step 4 Optimize formula to maintain mouthfeel or add functional benefits

Nutritional (12 oz)	Control	0% Added Sugar
Calories	90 kcal	30 kcal
Total Carbohydrates	24 g	14 g
Total Sugar	24 g	7 g

#### Approach & Solution

##### Fibers:

- Soluble Corn Fiber
- Polydextrose

##### Sweeteners:

- **Allulose**
- Monk Fruit
- Stevia FMP

INGREDIENT STATEMENT: WATER, ORANGE JUICE CONCENTRATE, **ALLULOSE**, CARROT JUICE CONCENTRATE (COLOR), GRAPEFRUIT JUICE CONCENTRATE, LIME JUICE CONCENTRATE, CITRIC ACID, NATURAL FLAVORS, ASCORBIC ACID, **STEVIA LEAF EXTRACT**.

# DOLCIA PRIMA® ALLULOSE

## Features and Benefits

### SWEETNESS

- 70% the sweetness of sugar
- 90% fewer calories vs. sugar (0.4kcal/g vs. 4kcal/g for sucrose)
- Similar temporal profile as sucrose
- Fast onset and dissipation of sweetness

### NUTRITION

- Does not increase blood glucose levels
- Does not increase blood insulin levels
- Has digestive tolerance at approved usage levels

### REGULATORY

- Allowed exemption from sugars and added sugars per FDA guidance
- Non - artificial sweetener

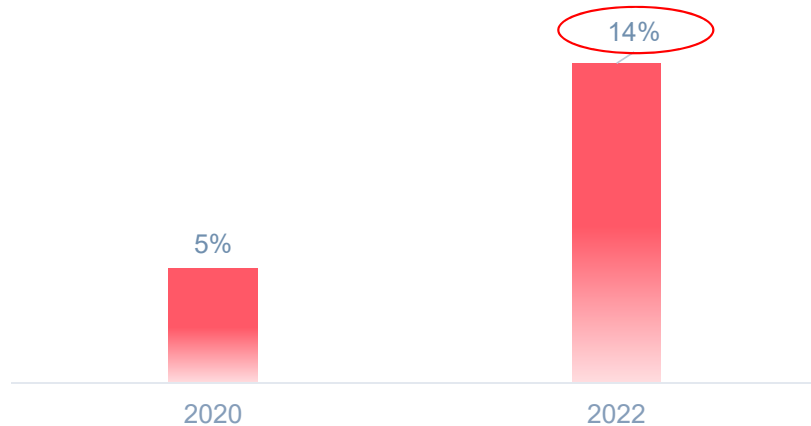
### FUNCTIONALITY

- Provides the bulk and texture of a sugar
- Freeze thaw stability
- Freezing-point depression

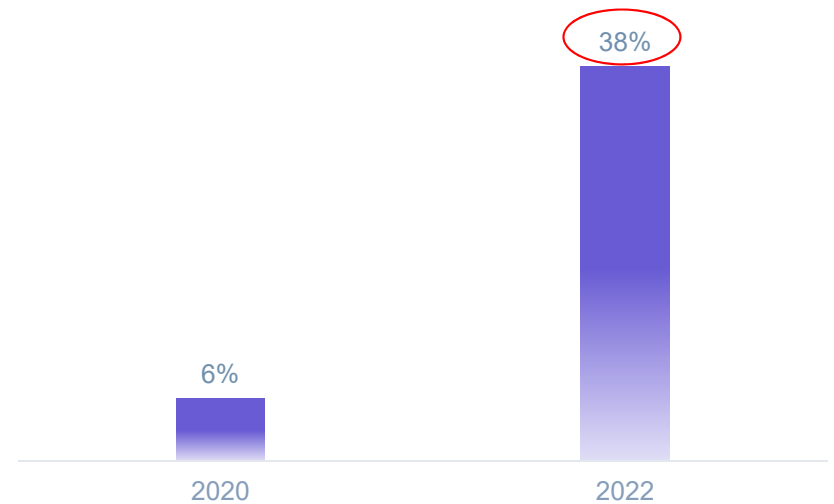


# Consumer Awareness and Purchase Impact of Allulose Increased Significantly from 2020 to 2022

**Allulose Awareness**  
(n=1071)



**Allulose Purchase Impact**  
(%Very likely/Likely to buy)



QB4 Below is a list of ingredients that are commonly used in food or drinks. Which of these ingredients are you aware of?

QC1 Please indicate what impact, if any, these ingredients typically have on your purchase decision if you read it on the label of a product you were thinking about purchasing (variable base sizes)

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# Orange Blossom Citrus Punch

Featuring our TASTEVA™ M Stevia Sweetener,

DOLCIA PRIMA® Allulose & PROMITOR® Soluble Corn Fiber

### Key Benefits:

- Bright, fruity citrus notes paired with delicate floral blossoms for trendy flavor pairing
- Contains 30% fruit juice
- Provides 3 grams of fiber per 8 fl oz
- TASTEVA™ M Stevia Sweetener provides an upfront sweetness profile with a clean finish
- PROMITOR® Soluble Corn Fiber provides fiber and adds bulk for a smoother mouthfeel
- DOLCIA PRIMA® Allulose provides bulk and mouthfeel while balancing flavor, sweet and acid profiles



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## Nutrition Facts

servings per container	
<b>Serving size</b>	<b>(240g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>35</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 7g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 0g	
Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 0mg	0%
Potassium 110mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

**INGREDIENT STATEMENT:** Water, Orange juice concentrate, Allulose, Soluble corn fiber, Carrot juice concentrate (for color), Grapefruit juice concentrate, lime juice concentrate, Citric acid, Natural flavors, Ascorbic acid, Stevia leaf extract

© Tate & Lyle 2022  
The applicability of label claims, health claims and the regulatory and intellectual property status of our ingredients varies by jurisdiction. You should obtain your own advice regarding all legal and regulatory aspects of our ingredients and their usage in your own products to determine suitability for their particular purposes, claims, freedom to operate, labelling or specific applications in any particular jurisdiction. This product information is published for your consideration and independent verification. Tate & Lyle accepts no liability for its accuracy or completeness.



## Case Study 2

### Sugar-Free\* Gummy

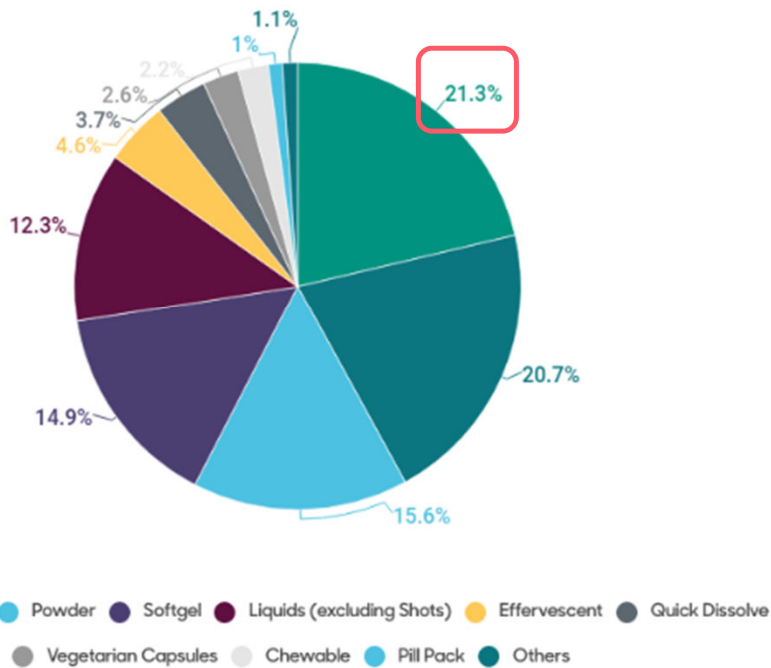
\*Based on the finished product containing <0.5 g sugar (mono and disaccharides) per serving



# Nutritional Gummies

The gummy segment makes up the lion's share of \$ sales in the supplements category and is expected to outpace the growth of the overall category by nearly 3X.

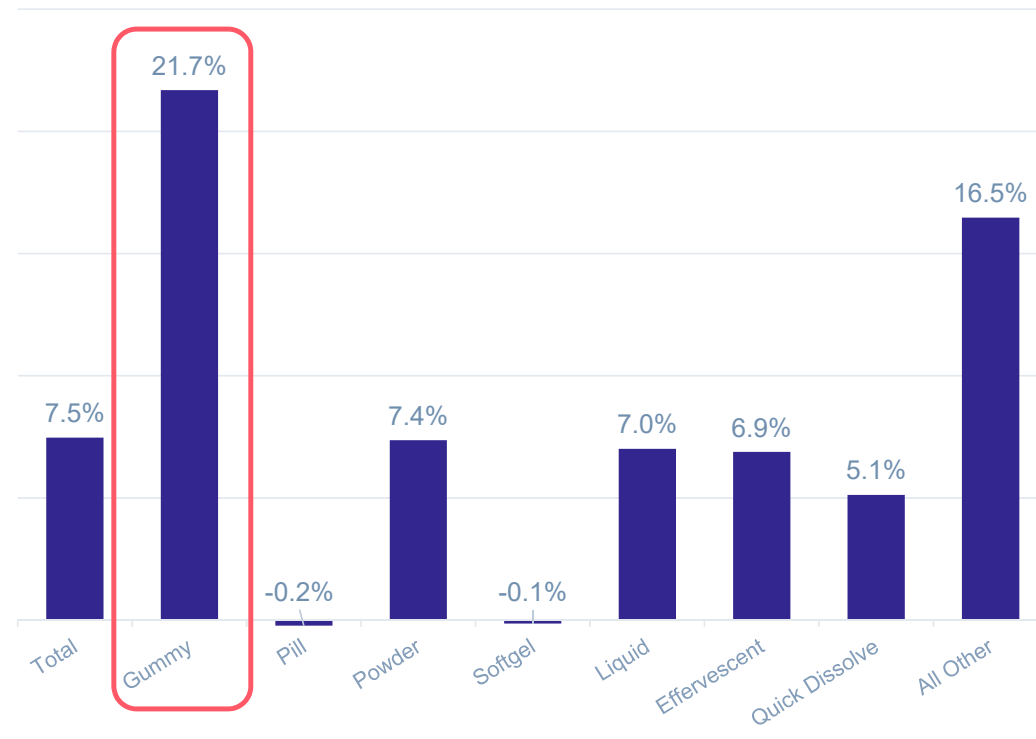
Supplement Market Share by Delivery Format, 2021e



Source: Nutrition Business Journal (\$mil, consumer sales)

Source: 2022 NBJ Delivery Formats Special Report

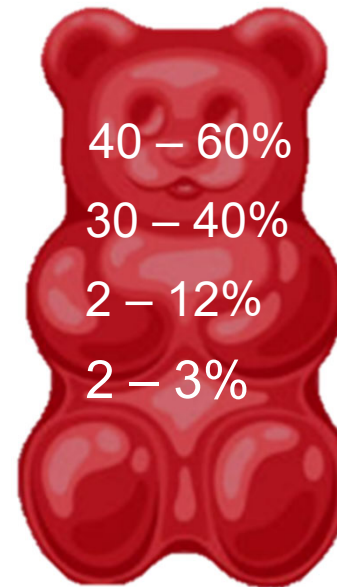
Anticipated 5-Yr CAGR by Format



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# Typical Full Sugar Gummy Composition and Nutrition

- Syrups derived from corn, tapioca, wheat
- Sugar (derived from beet, sugarcane)
- Stabilizer (gelatin, pectin, starch)
- Minor Ingredients (Color, flavor, acid)

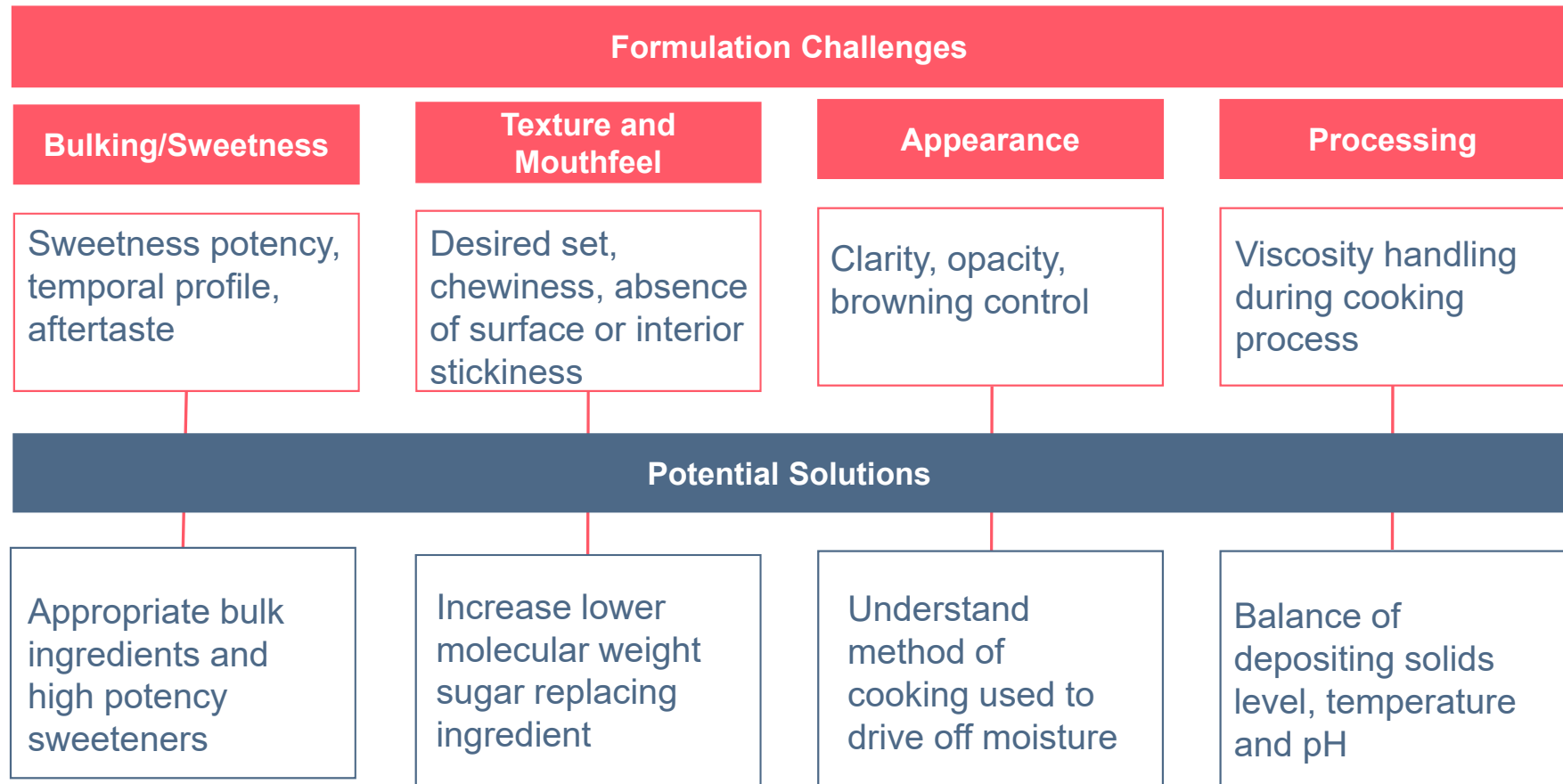


Nutrition Facts	
servings per container	
<b>Serving size</b>	(30g)
<b>Amount per serving</b>	
<b>Calories</b>	<b>100</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 40mg	2%
<b>Total Carbohydrate</b> 25g	9%
Dietary Fiber 0g	0%
<b>Total Sugars</b> 17g	
Includes 17g Added Sugars	34%
<b>Protein</b> 0g	
<b>Vitamin D</b> 0mcg	0%
<b>Calcium</b> 0mg	0%
<b>Iron</b> 0mg	0%
<b>Potassium</b> 0mg	0%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Total sugar and ‘added sugar’ may increase up to 25 g per 30 g serving size depending on the composition.

# Key Challenges – No sugar Added/Sugar Free pectin Gummies & how we have the right solution for your need





# “Sugar Free” Nutritional Pectin Gummy\*

Made with PROMITOR® Soluble Fiber 85L, DOLCIA PRIMA® LS Liquid Allulose and TASTEVA® M Stevia Sweetener

All the goodness of nutrition without excessive sugars



## Various benefits include:

- <0.5 g sugars per serving\*
- 60% reduction in calories\*\*
- Short, clean bite without stickiness
- Compatible with traditional processing
- Excellent sweetness and flavor release
- Prebiotic fiber
- Delivery of nutritional supplement with prebiotic fiber

\*<0.5 g sugars per serving (2 gummies, 8 g)  
Label claims may vary by country. Prospective purchasers are advised to conduct their own tests, studies, and regulatory review to determine the fitness of Tate & Lyle products for their particular purposes, product claims, or specifications.

\*\*Compared to reference full sugar pectin jelly candy.

### Reference

Supplement Facts		
Serving Size (8g)		
Servings Per Container		
	Amount per serving	% Daily Value
Calories	25	
Total Carbohydrate	7 g	3%*
Total Sugars	4 g	**
Includes 4g Added Sugars		8%*
Sodium	10 mg	< 1%

Percent Daily Values are based on a diet of 2,500 calories.  
\*\*Daily Value not established.

Ingredients: Corn Syrup, Sugar, Pectin, Citric Acid, Sodium Citrate, Natural Flavor, Vegetable Juice (Color)

### “Sugar Free”

Supplement Facts		
Serving Size (8g)		
	Amount per serving	% Daily Value
Calories	10	
Total Fat	0 g	0%*
Saturated Fat	0 g	0%*
Trans Fat	0 g	**
Cholesterol	0 mg	0%
Total Carbohydrate	6 g	2%*
Dietary Fiber	4 g	14%*
Total Sugars	0 g	**
Includes 0g Added Sugars		0%*
Protein	0 g	0%
Vitamin D	0 mcg	0%
Calcium	0 mg	0%
Iron	0 mg	0%
Sodium	10 mg	< 1%
Phosphorus	0 mg	0%

\*Percent Daily Values are based on a diet of 2,000 calories.  
\*\*Daily Value not established.

Ingredients: Soluble Corn Fiber, Allulose, Pectin, Citric Acid, Sodium Citrate, Natural Flavor, Stevia Extract, Vegetable Juice (color)





Discover cutting-edge solutions,  
starter recipes consumers will  
love, and the trail-blazing  
people behind them.  
**The future of food starts here.**

# Visit the Innovation Kitchen



See what possible looks like



&

Thank You!

Chicago Section IFT Supplier Symposium 2023 Nov.

TASTE & LYLE



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Questions?